

# THE VOICES OF ST VINCENT'S



ST VINCENT'S CARE



FEBRUARY 2022



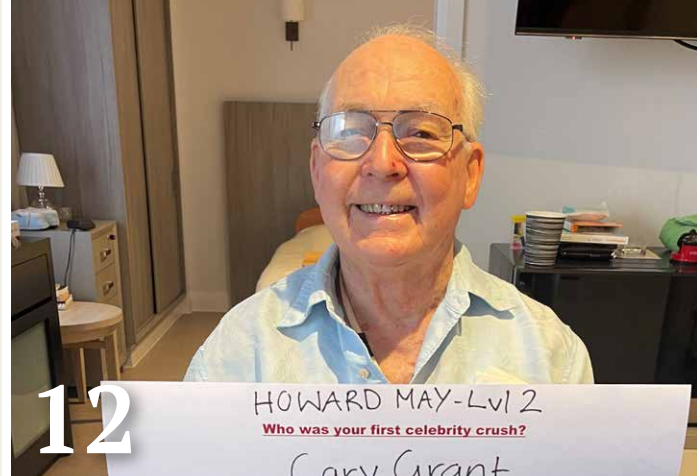




# A LOOK INSIDE THIS ISSUE

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# 2022 CALENDAR DATES

## MARCH

|                                      |                                     |                                   |                              |
|--------------------------------------|-------------------------------------|-----------------------------------|------------------------------|
| <b>1 TUE</b><br>Shrove Tuesday       | <b>2 WED</b><br>Ash Wednesday       | <b>7 MON</b><br>Lent Week 1       | <b>14 MON</b><br>Lent Week 2 |
| <b>17 THU</b><br>Feast of St Patrick | <b>19 SAT</b><br>Feast of St Joseph | <b>21 MON</b><br>World Poetry Day | <b>21 MON</b><br>Lent Week 3 |
| <b>25 FRI</b><br>The Annunciation    | <b>27 SUN</b><br>Earth Hour         | <b>27 SUN</b><br>Neighbour Day    |                              |

## APRIL

|   |                              |  |                              |
|---|------------------------------|--|------------------------------|
| <b>1 FRI</b><br>April Fool's Day                | <b>4 MON</b><br>Lent Week 5  | <b>9 SAT</b><br>Sr Xavier Williams<br>(first Aust. Sister of<br>Charity) | <b>10 SUN</b><br>Palm Sunday |
| <b>11 MON</b><br>Holy Week                      | <b>15 FRI</b><br>Good Friday | <b>17 SUN</b><br>Easter Sunday   | <b>25 MON</b><br>ANZAC Day   |
| <b>28 THU</b><br>World Health and<br>Safety Day |                              |  |                              |

## MAY

|   |   |  |                                      |
|---|---|--|--------------------------------------|
| <b>2 MON</b><br>Labour Day                  | <b>8 SUN</b><br>Mother's Day                    | <b>12 THU</b><br>International<br>Nurses Day | <b>13 FRI</b><br>Our Lady of Fatima  |
| <b>17 TUE</b><br>National Volunteer<br>Week | <b>24 TUE</b><br>Our Lady Help<br>of Christians | <b>26 THU</b><br>National Sorry Day          | <b>27 FRI</b><br>Reconciliation Week |
| <b>29 SUN</b><br>Ascension of the Lord      |   |  |                                      |









# HOME LOCATIONS

St Vincent's Care Services has a total of 23 aged care homes across QLD, NSW and Victoria.



Arundel



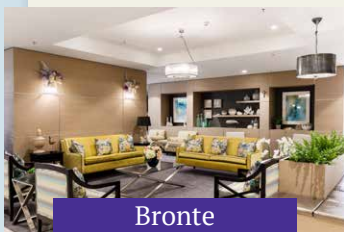
Auburn



Bardon



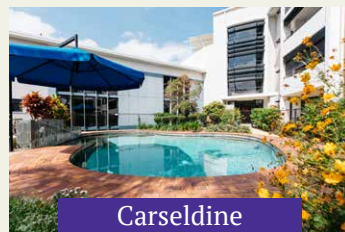
Boondall



Bronte



Carina



Carseldine



Corinda



Douglas



Edgecliff



Eltham



Gympie



Haberfield



Hawthorn



Heathcote



Kangaroo Point



Kew



Maroochydore



Mitchelton



Southport



Toowoomba



Werribee



Yennora



# QUEENSLAND

**Brisbane**

# NEW SOUTH WALES

**Sydney**

# VICTORIA

**Melbourne**

## QLD

Arundel  
Bardon  
Boondall  
Carina  
Carseldine  
Douglas  
Enoggera  
Gympie  
Kangaroo Point  
Maroochydore  
Mitchelton  
Southport  
Toowoomba

## NSW

Auburn  
Bronte  
Edgecliff  
Haberfield  
Heathcote  
Yennora

## VIC

Eltham  
Hawthorn  
Kew  
Werribee



## MESSAGE FROM OUR CEO

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*Dear St Vincent's Residents,*

I had one big hope for you this month.

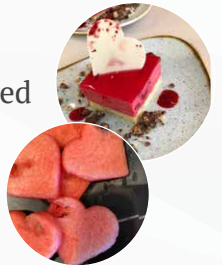
It wasn't anything complex or complicated and in fact, for the most part, it's a hope for a standard that I know we carry across every home and with every staff member at St Vincent's.

More than anything this month, I hoped you felt some **love**. Whether that was from friends, or family or St Vincent's staff, I hope that someone made you feel blessed to be a part of where you are and who you are, because I know we sure felt that way.

To join you in **your** home, as a part of **your** friends and family – that is a blessing and our privilege.

Speaking of love, we of course celebrated Valentine's Day at St Vincent's in February, and what a delight it was to see the fun (and sometimes delicious) celebrations that took place:

- Special lunches of premium braised beef and grilled fish
- Delicious (and scrumptious) afternoon teas with chocolate dipped shortbreads, sticky date puddings and cakes and even little bits of watermelon cut *lovingly* into the shape of hearts
- Chocolate treat bags filled to the brim with goodies
- And the favourite of the day... roses.



One of the reasons why it was such a delight for me to see all of this is because I know that, as each of us get older, so do our friends and loved ones.

It is so important that our people get the chance to be a part of your family too, not just on Valentine's Day, but every day. Whether that's



enjoying a game of balloon tennis or carpet bowls together, or even sharing a moment with a meal or a quiet tea over a few rounds of cards, that's the standard we aspire to at St Vincent's.

And on that point, it's not just relationships that I'm excited about for this month, but other loves too. You'll see in this month's newsletter all sorts of games, hobbies and paintings – the majority of which weren't a consideration for people before moving into aged care. I'm excited for residents to have dinner with a community again after living alone at home for many years, or even to find new talents that perhaps even after 80 or 90 years, they didn't even know they had!

And finally I'm also excited that while navigating through perhaps one of the toughest times during the COVID-19 pandemic, we're starting

to see the light at the end of the tunnel. But all the while, together as a community we've set a new standard for accessibility when it comes to something as simple as having a chat with family and friends. Whether that's over a video call or a phone call, the importance of that has never once been forgotten and if anything, has made families, friends and residents visiting each other, in one form or another, more consistent than ever for the future.

God bless you all and may we continue on through 2022 with this positive momentum - together!

A handwritten signature in black ink on a light blue rectangular background. The signature is cursive and appears to read 'Lincoln Hopper'.

**LINCOLN HOPPER**  
Chief Executive Officer



## MESSAGE FROM OUR MISSION LEADER

*Dear Residents,*

What a big week of celebration we have had this month in St Vincent's Care. We welcomed the first of our residents to our newest facility, SVC Corinda, Brisbane and in the same week we celebrated the Blessing of St Vincent Care Carina, Brisbane and St Vincent's Care Douglas, Townsville.

Our Blessing Ceremonies ensured that St Vincent's honoured the many facets connected with our facilities and our Ministry. These included recognising and acknowledging

the First Nations People, the Presbyterian Church of Queensland, the Trustees of Mary Aikenhead Ministries, the Board of St Vincent's Health Australia, Executive of St Vincent's Health and St Vincent's Care, resident past and present, families and the Facility Staff.

We were honoured to have Most Rev. Mark Coleridge, Archbishop of Brisbane celebrate the SVC Carina ceremony and Most Rev. Tim Harris, Bishop of Townsville celebrate the ceremony at Douglas.







We received some wonderful feedback from St Vincent's staff and residents alike:

*St Vincent's did an excellent job. Venerable Mary Aikenhead would have been very proud.*

*The Blessing Ceremony was excellent.*

*I liked it because the ceremony included the aboriginal culture. It means and feels like everyone is welcome.*

*During the ceremony I felt good, there is something about it that felt right.*

*After all what this place went through, it feels great to finally see it settled – it is great.*

*It was good to have residents and top level of the company all together and meet us, it was so good to come to the ceremony.*

*I have never been in that kind of ceremony, so it was good to come down.*

*It was very touching.*

*I liked the way they emphasised that this is our home.*

*Troy Tornabene*

TROY TORNABENE - Mission Leader



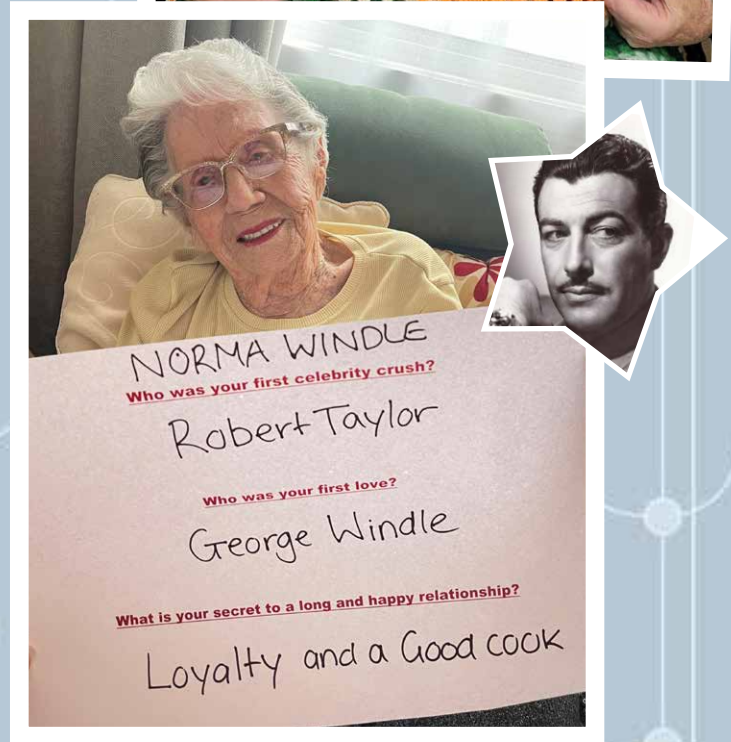
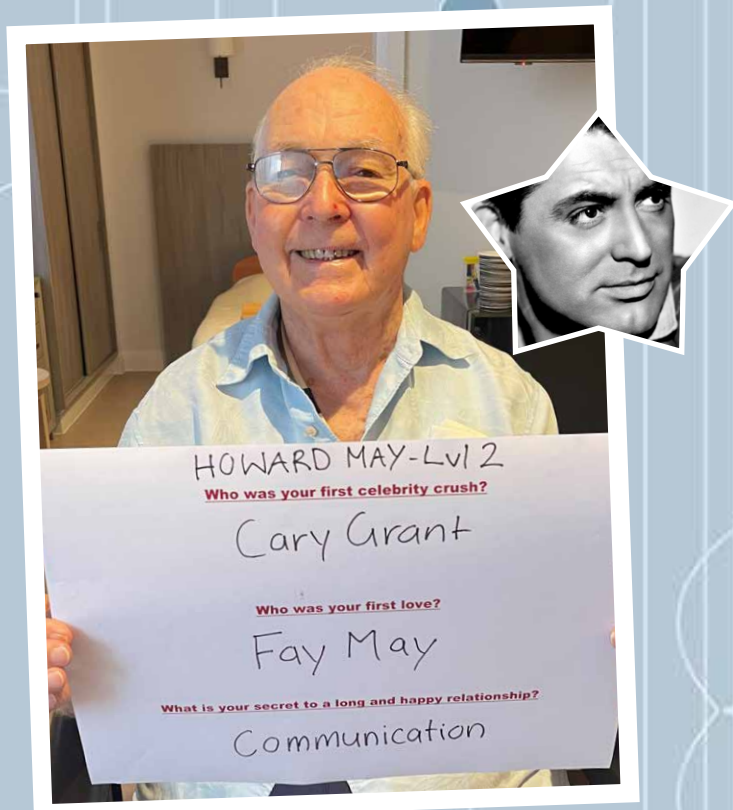


# QUESTION CORNER

This month, four of our Heathcote residents answered questions about their first celebrity crush, their first love AND their secret for a long and happy relationship

Big thanks to Norma, Frank, Joy and Howard!

For fun, we've even put them next to their celebrity crushes – take a look!





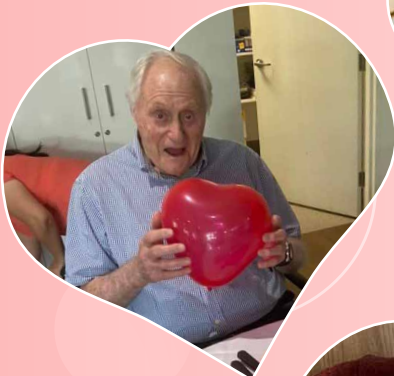
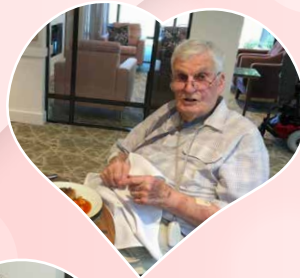
# Happy Valentine's Day

Day



## Valentine's Day at St Vincent's 2022

Roses are red  
Violets are blue  
St Vincent's loves Valentine's  
And I hope you do too



# ARE YOU READY FOR MARRIAGE?

Coronet Instructional Films circa (1950)



This time last year, we shared with you the Guide to High School dating and nailing that very important first call (for a date).

But this time, our new protagonists have decided to get engaged. But with one barely finishing high school and the other halfway through college, what will they need to learn to make sure they have a happy and successful marriage?

Well, we're watching a public service video to find out.

*"Sue Honey, what's the matter?"* says Larry.

*"Oh Larry,"* she sighs.

*"It's the folks. We had a terrible scene. I couldn't sleep a wink. They don't approve. They think I'm too young."*

Enter the problem. The solution?



*The marriage counsellor stepping up to his big board of rules*

*"I bet we could get some advice from the marriage counsellor at the church!"*

Fast forward only a couple scenes later and we're at the church.

*"Why I'm in favour of marriage,"* says the marriage counsellor.

*"In fact, I spend a good deal of my time helping people to get ready for it. Now, let's see you've know each other for-?"*

*"3 months, 1 week, 2 days and 17 hours,"* Sue replies with a smile.



The counsellor looks at the young lady and then back to the young man.

“Two separate studies showed the chance for happiness improves with a longer engagement period,”

says the counsellor pointing to a handily prepared graph on the table.



*A handy graph for knowing your chance of happiness (maybe)*

What a bummer.

And even after the counsellor talks more and more about being happier the older you get married, the worse it seems for the pair.

Then comes the deeper questions read over a montage of the Sue and Larry hanging out on dates together.

*“Do we have the same backgrounds? Do we share the same religious beliefs?”*

*“Do we have the same ideals, and standards and tastes?”*

*“Do we enjoy the same friends? Do we share the same interests?”*

*“Are we real friends? Do we have a real happiness together? Talking or just doing nothing together?”*

*“Do we have a sense of pride in each other?”*

*“Do we know each other’s peculiarities?”*

*“Can we quarrel and come out of it with something better than before?”*

Sheesh. Now, here’s a lot of prerequisites. Talk about daunting for a kid hearing about this in school. Sue and Larry seem defeated.

But not all hope is lost.

Because, after much deliberation, chats with parents, talks about ‘psychological distance’ and a decision that the pair will go to school together for a couple of years, they decide to wait and eventually, they do get engaged (hooray)!

I’ve got to say, while it’s a dated video, there’s actually a bit of production value that went into it and if you’re wanting to tell kids to wait to get married it’s actually quite compelling.

But I’m sure there’s countless other people who’ve been married very young and are still together to this day.

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**If you’re one of them, why not tell us about it? Ask your lifestyle team to reach out to me in the marketing team here at St Vincent’s or email us at [svcs.marketing@svha.org.au](mailto:svcs.marketing@svha.org.au). We’d love to hear about your story of love.**



### BY JESSE GRAMENZ

Jesse works in the marketing team at St Vincent’s. In his 20s, Jesse loves writing, technology and history as well as making complicated things seem simple. If you see him around, make sure to say hi! Hit off a conversation on movies, music and Frank Sinatra – but be careful, you may have trouble getting away!



# LEN'S SHIP OF DREAMS

It's a story of hope, following in a father's footsteps, and perhaps most fascinating of all, (near) tragedy!

This is the story of St Vincent's Bardon resident, Len, and his father who helped build, the Titanic.



District Commissioners in Queensland in the 1970s and 80s. Len with the Australian scouting movement

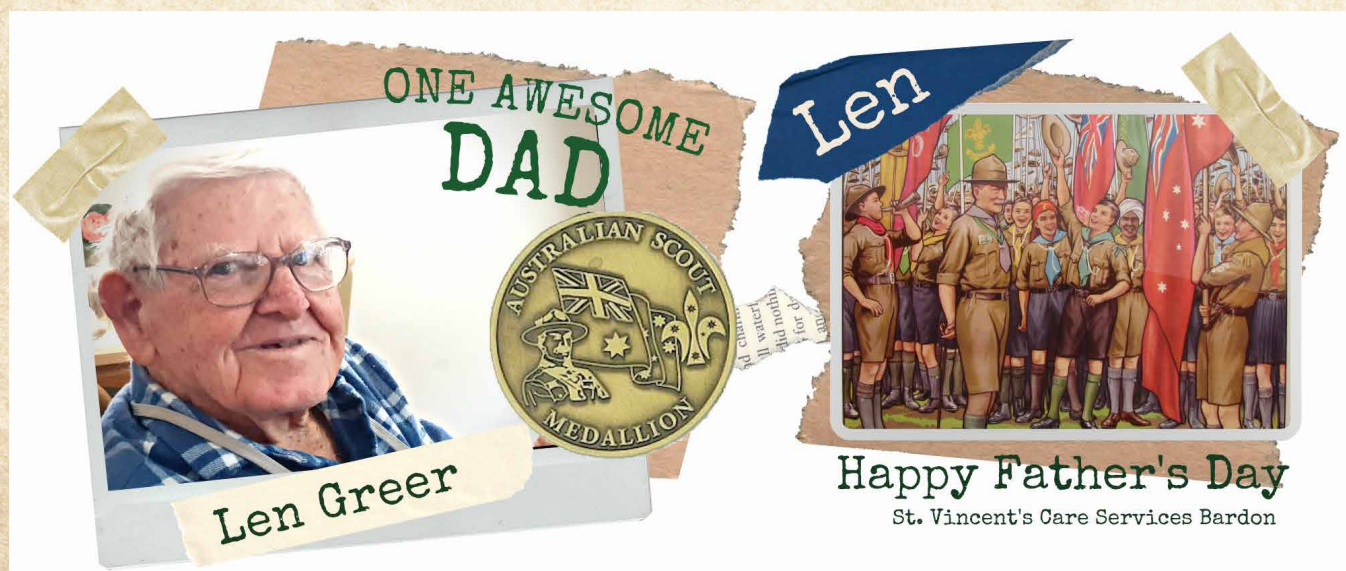
For a lot of people, the Titanic conjures up thoughts of gloom and doom. For others it conjures up images of Leonardo DiCaprio outstretched on the boat's front deck proclaiming he's king of the world.

But for Len, it's all about a reminder of his Dad's story, interwoven with the near tragedy of him going on the ocean liner's maiden voyage.

"My father riveted those in place," Len says. His eyes gleam with pride as he points to the portholes wrapped around the outside of the boat.

"He [Dad] had a ticket for the maiden voyage and would have worked in the boiler room. But, he begged off [the boat] as my mum pregnant with my older brother was due anytime. The year was 1912. I wasn't born yet but would not have been at all if my father went on board the ship."

Len's father Jack was a boilermaker who worked on what was, in the early 1900s, the world's largest and most luxurious vessel built in the docks of Belfast, Northern Ireland.







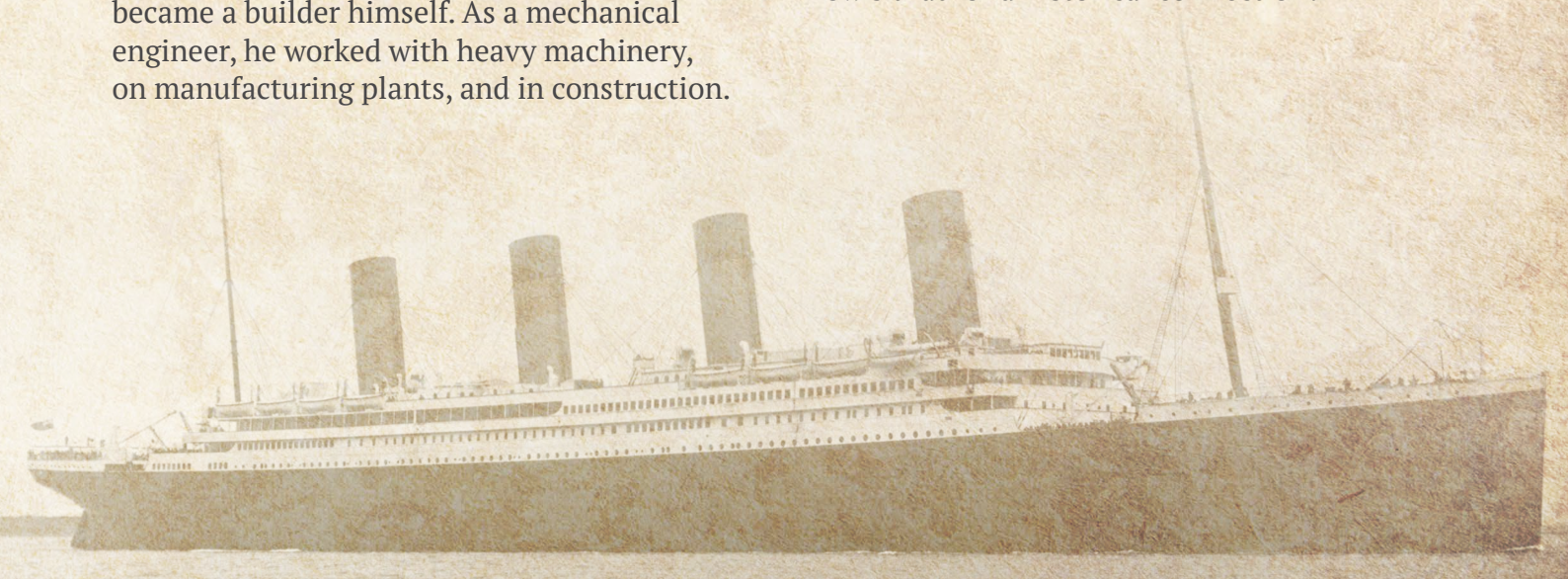
Len was born in Belfast in 1926, the eighth of nine children. With all children in tow, the Greer family boarded a ship which, fortunately unlike the Titanic, made it from Belfast to its destination – Melbourne Australia in 1927. Len was just a year old when the family moved and only the ninth and youngest child, his sister Irene, was born in Australia.

Len followed in his father's footsteps and became a builder himself. As a mechanical engineer, he worked with heavy machinery, on manufacturing plants, and in construction.

A man of many hats, he is proudest of his leadership in the Australian Scouting Movement as District Commissioners in Queensland in the 1970s and 80s.

But for the team at Bardon, he is their Len who brightens up their day with his smile and yarn or two of the "Ship of Dreams" that brought his whole family to Australia.

How's that for a historical connection!



**Got any great stories or history of your own?**

**Ask your lifestyle team to get in touch with Jesse in the marketing team, or email [svcs.marketing@svha.org.au](mailto:svcs.marketing@svha.org.au).**



# FEBRUARY HIGHLIGHTS

## Bardon Tu Tu Day

How did you celebrate 22.02.22?

If you were at Bardon you'd be wearing a tutu (two-two) of course!



**Kangaroo Point Pancakes**  
A delish pancakes inside and then topped off with lunch in the patio area at Kangaroo Point



**Kew Flower Arranging**  
Some flower arranging magic happening at Kew – check out those blooms







**Arundel Ten Pin Bowling**  
Residents at Arundel enjoying a game of ten pin bowling. Strrriike!



**Werribee Balloon Tennis**  
Check out residents at Werribee getting out the racquets for a spell of balloon tennis



**Werribee Dog Visit**  
Delta the therapy dog payed residents at Werribee a furry visit



**Heathcote Walking Group**  
Heathcote's walking group out for a stroll. What a stunning day for a walk!







## GAMES AND PUZZLES

### WORD SEARCH

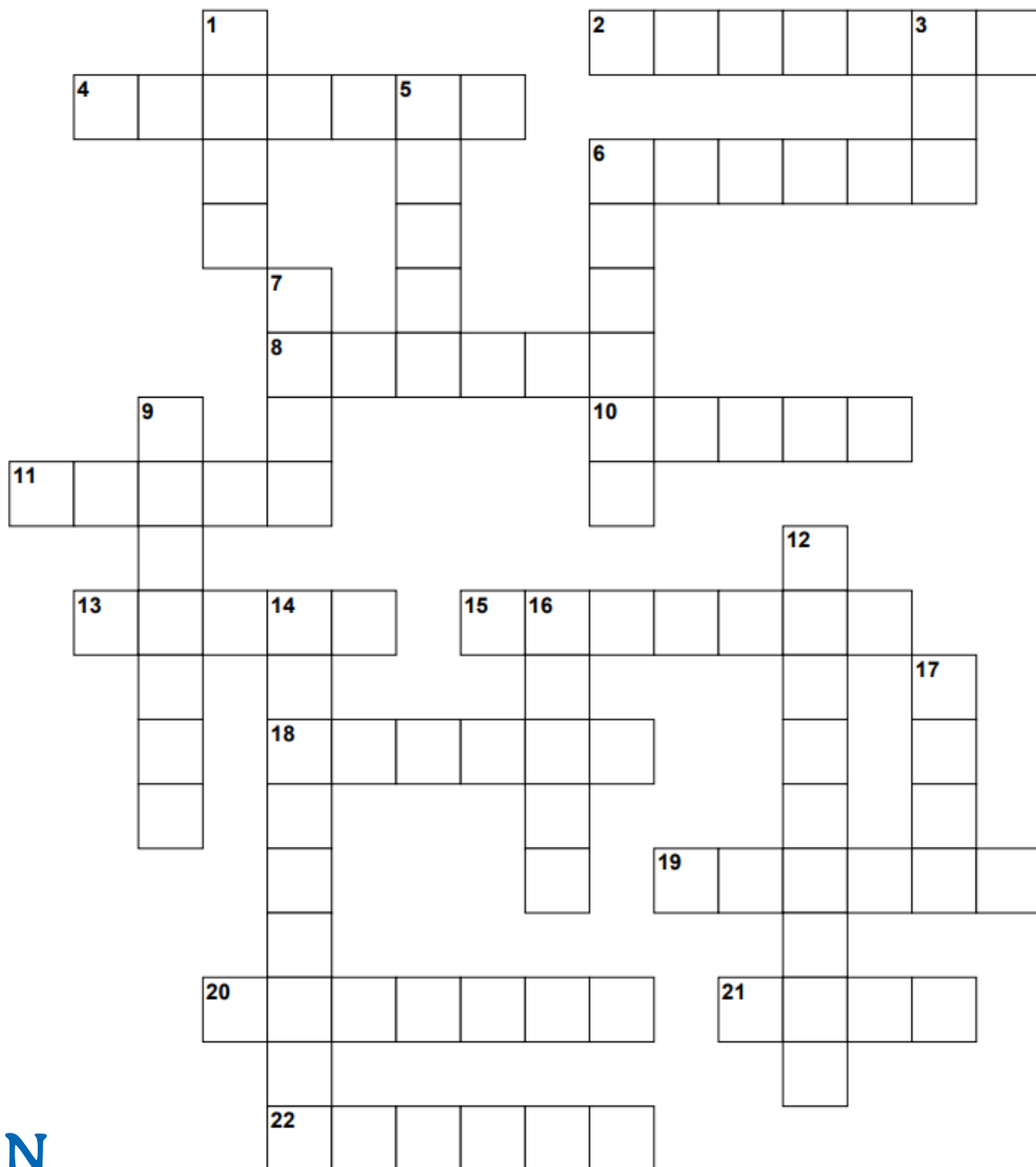
Find the word in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

## VALENTINE'S DAY

W E S Y D N A C H U G F  
 H A Y D Y R T E O P R R  
 T E R E R M O S T E A I  
 R T A O R A L I V N E E  
 A A U R S E C W K I H N  
 E L R D T E V I E T F D  
 H O B I N S S O W N L E  
 T C E P A S R Y L E O P  
 E O F U E W P R T L W A  
 E H I C O P E A N A E R  
 W C L B A D D O V V R T  
 S E L H W L O V E B S Y

- .....
- |           |         |            |
|-----------|---------|------------|
| Bow       | Flowers | Love       |
| Candy     | Friend  | Party      |
| Cards     | Happy   | Poetry     |
| Chocolate | Hearts  | Red        |
| Cupid     | Hug     | Roses      |
| Date      | Kiss    | Sweetheart |
| February  | Love    | Valentine  |





## CROSSWORD AUTUMN

### ACROSS

- 2 Anything used to provide colour
- 4 Gathering of ripe crops
- 6 Container made of straw or wood strips
- 8 Season of the year between summer and winter
- 10 White or grey mass of fine drops of water
- 11 Nut of an oak tree
- 13 Having a great amount of wind
- 15 Tenth month of the year
- 18 Cool
- 19 Warmest season of the year
- 20 Large fire built outside
- 21 Flat part of a tree that grows from a branch
- 22 One of the four parts of the year

### DOWN

- 1 Woody plant that has a long main trunk and many branches
- 3 Kernal or meat contained in a hard shell
- 5 Freezing rain
- 6 Woody part of a tree that grows out from the trunk
- 7 Drops of water that fall from the sky
- 9 Leaves on a tree or other plant
- 12 Ninth month of the year
- 14 Having leaves that drop off each year
- 16 Red, blue, yellow, etc.
- 17 Yard tool with long handle that is used to gather leaves



# FEEDBACK

Going forward,  
we would love to  
encourage residents  
to submit their  
own content.

Maybe you're an avid drawer who wants to share their artwork, someone who likes to write a poem or two or you just have a good story you would like to share. All submissions are welcome.

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## SUBMISSIONS

If you would like to make a submission or provide feedback, please chat to the staff members around you who can pass on your ideas straight to us!

You can also speak with reception staff or email [svcs.marketing@svha.org.au](mailto:svcs.marketing@svha.org.au).

## FEEDBACK

If you have compliments or suggestions about our services, or wish to raise a concern, you can contact our customer care team on 1800 778 767 or reach out to our state managers directly.

QLD State Manager: [nicole.devlin@svha.org.au](mailto:nicole.devlin@svha.org.au)

NSW State Manager: [sonia.liddell@svha.org.au](mailto:sonia.liddell@svha.org.au)

VIC State Manager: [bernadette.murphy@svha.org.au](mailto:bernadette.murphy@svha.org.au)

If you speak a language other than English, you can call the Translating and Interpreting Service (TIS National) on 131 450 for support to talk to your aged care provider about your services.

TIS National covers more than 100 languages and is available 24 hours a day, 7 days a week, for the cost of a local call.

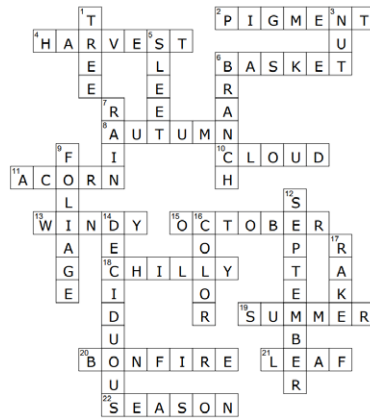
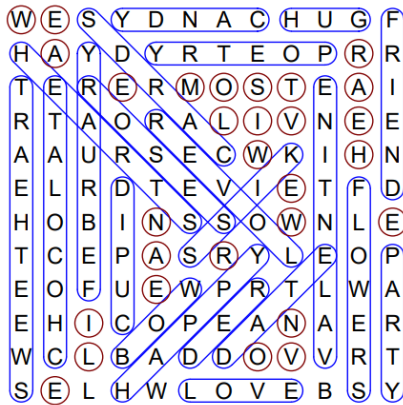
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## AGED CARE QUALITY

The Australian Government's Aged Care Quality and Safety Commission provides a free service for anyone wishing to raise their concerns about the quality of care or services being delivered to people receiving aged care services at a government-funded facility.



## PUZZLE SOLUTIONS



# FAMILY AND FRIENDS' WEBINAR

We have recently introduced virtual webinars for your family members and friends, to discuss their many ideas, questions and feedback regarding the current COVID situation, as well as your care into the future. We have found these to be another wonderful avenue to connect with our broader St Vincent's community, and understand how we can improve upon our services.

We will keep you posted on any future webinars that we host into the future, so your loved ones can join in.

## TRANSLATION OF COVID-19 RESOURCES

The Department of Home Affairs now has a dedicated website for translated COVID-19 information - <https://covid19inlanguage.homeaffairs.gov.au/>. This website provides culturally and linguistically diverse people with a single source of information in 63 languages other than English.

The following resources have also been translated into 63 different languages:

- Stay COVID Free Do The 3
- Testing for COVID-19
- What you need to know about Coronavirus
- Help for finances and mental health
- Protecting you from Coronavirus
- Easing of Restrictions
- Roadmap to a COVIDSafe Australia
- COVIDSafe app - New tool to help slow the spread of COVID-19

You can also contact the Department of Home Affairs if you believe there is a language that should be translated that is not available. You can email through your suggestions to: [agedcareCOVIDliaison@health.gov.au](mailto:agedcareCOVIDliaison@health.gov.au).







**Please don't hesitate to call**

**1800 778 767**

**St Vincent's Care Services**

**Level 3, East Tower, 25 Montpelier Road**

**BOWEN HILLS QLD 4006**



**ST VINCENT'S CARE**

**Q St Vincent's Aged Care**